

Over the Counter Allergy Medications

Zyrtec (Cetirizine)

6 mo – 2 yr	2.5 ml per day
2 yr – 5 yr	2.5 – 5 ml per day
>6 yr	5 – 10 ml per day



Claritin (Loratadine)

2 yr – 5 yr	5 ml per day
>6 yr	10 ml per day



Allegra (Fexofenadine)

6 mo – 2 yr	2.5 ml twice per day
2 yr – 11 yr	5 ml twice per day
>12 yr	10 ml twice per day



Flonase Nasal Spray (Fluticasone)

2 yr – 4 yr	Sensimist, 1 spray each nostril per day
>4 yr	Flonase, 1 spray each nostril per day



Zaditor Eye Drops (Ketotifen)

>3 yr	1 drop, both eyes, twice per day
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